

Home Based Care for Young Child (HBYC)

Strengthening of Health and Nutrition through Home visits

Do you know?

Adequate complementary feeding, after 6 months ensures a well and healthy child



First visit

at 3 months



Second visit

at 6 months



Third visit

at 9 months



Fourth visit

at 12 months



Fifth visit

at 15 months



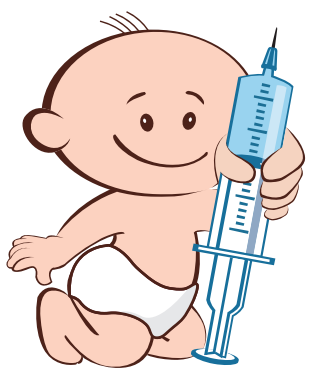
ASHA TO CHECK AND COUNSEL THE FAMILY TO ENSURE:



Complementary feeding starts at 6 months and continues breastfeeding



Use of MCP card for regular monitoring of child's growth & development



Child receives timely vaccination



Age appropriate play and communication



Recommended dose of IFA syrup



Use of ORS during diarrhoea



Handwashing using soap by all care givers

GIVE HOME COOKED NUTRITIOUS FOOD IN ADEQUATE AMOUNT TO YOUR CHILDREN USING LOCALLY AVAILABLE RESOURCES

Under JSSK, free treatment and referral for sick children up-to one year of age